



NORTH CAROLINA

ROPE RESCUE SCHOOL Unit 1

April 17-19, 2026

For Information:
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This program covers typical wilderness rescue rope operations to include fundamentals inherent to organizations operating in environments such as off-road, non-urban, woodland, and mountain conditions.

NC RRS is taught in a rugged outdoor setting at beautiful Mt. Jefferson State Recreation Area and requires basic rope knowledge and outdoor personal skills needed for wilderness rescue operations.

For Unit 1 training includes SAR knots, anchor systems, mechanical advantage system, basic/advanced hardware and software devices, belay techniques, patient packaging for transport in a litter, ascending a rope, and other techniques to affect a victim evacuation in hazardous outdoor terrain. Unit 2 will be offered Spring 2027

Friday April 17, 2026 (Note start time!!)

8:00 am Registration / Knot Test (WCCWJ-Poe Hall
363 Campus Dr, West Jefferson NC 28694)
9:00 am Ground School
5:00 pm Breakdown / Dismiss

Saturday April 18, 2026

7:00 am Arrive Group Parking
7:30 am Shuttle Leaves for Mount Jefferson
8:00 am Check IN/Assignments/Equipment
12:00 pm Lunch on the Rock
4:00 pm Equipment return/Check Out
5:00 pm Shuttle Down

Sunday April 19, 2026

7:00 am Arrive Group Parking
7:30 am Shuttle Leaves for Mount Jefferson
8:00 am Check IN/Assignments/Equipment
12:00 pm Lunch on the Rock
4:00 pm Equipment return/Closing/Check Out
5:00 pm Shuttle Down

Equipment Checklist

Chief Officers: Please make sure all members applying for the school have the below equipment

All classes will be outside, hands-on exercises; therefore, **students should be prepared for ANY type of weather conditions.**

- Helmet w/ chin strap
- Leather palm gloves
- Boots suitable for climbing (no tennis shoes)
- Sufficient clothing (for all weather)
- 25' Body/Accessory Cord (AHJ Dia. Specific)
- 2-3 Prussik slings (PreTied or sewn eye to eye)
- Class II or III harness for rope rescue ops
- 20' – 25' piece of 1" webbing
- Descent device
- Ascent device (Optional)
- (5) Locking carabiners
- Knife (all purpose)
- Day pack w/ water bottles / snacks / lunch

Students will need to be able to tie the following knots:

Bight	Loop	Round Turn
Half Hitch	Overhand Knot	Square Know
Bowline	Clove Hitch -Open	Clove Hitch - Closed
Clove Hitch - Split Locking	Figure 8	Figure 8 Loop
Double Loop Figure 8	Directional 8	Figure 8 Follow Through
Figure 8 Bend	Water Knot	Butterfly Knot
Double Fisherman Knot	Prussik Knot	

Lodging:

Holiday Inn Express – West Jefferson

336 846-4000

\$89 state rate will appear when dates entered for stay.

Rope Rescue School

<https://www.ihg.com/redirect?path=hd&brandCode=EX&localeCode=en®ionCode=1&hotelCode=WJNEX&rateCode=IMSTI& PMID=99585603&cn=no>

Registration Information

Space limited to 30 students first come first served.

Please complete the RRS registration forms and return via email below. Payments through Square QR code below or checks as follows.

<https://square.link/u/zxhw7KMD>



Via mail: (Make Checks Payable to NC Special Schools)
NC Special Schools
PO BOX 1914
GOLDSBORO NC 27533

\$75 registration fee covers equipment and supplies. **NO Refunds after 04/03/2026**



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ROPE RESCUE SCHOOL Unit 1

April 17-19, 2026

IN COOPERATION WITH: Mount Jefferson State Park & Wilkes Community College

The North Carolina Rope Rescue School is an informative and practically applied school. The curriculum offers a wide range of rope rescue procedures consisting of “hands-on” tasks and skills. The skills that are taught in this school are not limited to a wilderness environment but can easily be adapted to urban high level rescue situations. A certificate will be awarded upon successful completion.

Total School Registration is 30 on first come first serve basis as payment and registration is received. Please list each attendee separately and indicate the level each person is requesting in the appropriate places below.

- 1) Name _____
E-mail address _____ Phone _____
- 2) Name _____
E-mail address _____ Phone _____
- 3) Name _____
E-mail address _____ Phone _____
- 4) Name _____
E-mail address _____ Phone _____
- 5) Name _____
E-mail address _____ Phone _____
- 6) Name _____
E-mail address _____ Phone _____
- 7) Name _____
E-mail address _____ Phone _____
- 8) Name _____
E-mail address _____ Phone _____

Squad/Department _____

County _____

Address _____

City, State, Zip _____

Daytime Phone No. _____

I do hereby authorize the above listed personnel to attend the North Carolina Rope Rescue School on dates listed above. To the best of my knowledge, the above personnel are at least 18 years of age and in good physical condition.

Chief Signature _____