



NORTH CAROLINA HIGH ANGLE RESCUE SCHOOL Unit 1

April 11-13, 2025

For Information:
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This program covers typical wilderness rescue rope operations to include fundamentals inherent to organizations operating in environments such as off-road, non-urban, woodland, and mountain conditions.

HARS is taught in a rugged outdoor setting at beautiful Mt. Jefferson State Recreation Area and requires basic rope knowledge and outdoor personal skills needed for wilderness rescue operations.

For Unit 1 training includes SAR knots, anchor systems, mechanical advantage system, basic/advanced hardware and software devices, belay techniques, patient packaging for transport in a litter, ascending a rope, and other techniques to affect a victim evacuation in hazardous outdoor terrain. Unit 2 will be offered Fall 2025

Friday April 11, 2025 (Note start time!!)

8:00 am Registration / Knot Test
9:00 am Ground School
5:00 pm Breakdown / Dismiss

Saturday April 12, 2025

7:00 am Arrive Group Parking
7:30 am Shuttle Leaves for Mount Jefferson
8:00 am Check IN/Assignments/Equipment
12:00 pm Lunch on the Rock
4:00 pm Equipment return/Check Out
5:00 pm Shuttle Down

Sunday April 13, 2025

7:00 am Arrive Group Parking
7:30 am Shuttle Leaves for Mount Jefferson
8:00 am Check IN/Assignments/Equipment
12:00 pm Lunch on the Rock
4:00 pm Equipment return/Closing/Check Out
5:00 pm Shuttle Down

Equipment Checklist

Chief Officers: Please make sure all members applying for the school have the below equipment

All classes will be outside, hands-on exercises; therefore, **students should be prepared for ANY type of weather conditions.**

- Helmet w/ chin strap
- Leather palm gloves
- Boots suitable for climbing (no tennis shoes)
- Sufficient clothing (for all weather)
- 25' Body/Accessory Cord (AHJ Dia. Specific)
- 2-3 Prussik slings (PreTied or sewn eye to eye)
- Class II or III harness for rope rescue ops
- 20' – 25' piece of 1" webbing
- Descent device
- Ascent device (Optional)
- (5) Locking carabiners
- Knife (all purpose)
- Day pack w/ water bottles / snacks / lunch

Students will need to be able to tie the following knots:

- Bight
- Loop
- Round Turn
- Half Hitch
- Overhand Knot
- Square Knot
- Bowline
- Clove Hitch (open, closed and split locking)
- Figure 8
- Figure 8 Loop
- Double Loop Figure 8
- Directional 8
- Figure 8 Follow Through
- Figure 8 Bend
- Water Knot
- Butterfly Knot
- Double Fisherman's Knot
- Prussik Knot

Lodging:

Holiday Inn Express – West Jefferson

336 846-4000
\$89.10 (NC Rescue Association)

<https://www.hiexpress.com/redirect?path=hd&brandCode=EX&localeCode=en&hotelCode=WJNEX&rateCode=IMSTI&PMID=99585603&cn=no&viewfullsite=true>

Registration Information

Space limited to 30 students first come first served based on received registration and payment.

Please complete the HAR registration forms and return with fee to:

Via mail: (Make Checks Payable to NC Special Schools)
NC Special Schools
PO BOX 1914
GOLDSBORO NC 27533

Via Email:
ncarems@ncarems.org

\$75 registration fee covers equipment and supplies.



NORTH CAROLINA

HIGH ANGLE RESCUE SCHOOL Unit 1

April 11-13, 2025

IN COOPERATION WITH: Mount Jefferson State Park & Wilkes Community College

The North Carolina High Angle Rescue School is an informative and practically applied school. The curriculum offers a wide range of rope rescue procedures consisting of “hands-on” tasks and skills. The skills that are taught in this school are not limited to a wilderness environment but can easily be adapted to urban high level rescue situations. A certificate will be awarded upon successful completion.

Total School Registration is 30 on first come first serve basis as payment and registration is received. Please list each attendee separately and indicate the level each person is requesting in the appropriate places below.

1) Name _____

E-mail address _____ Phone _____

2) Name _____

E-mail address _____ Phone _____

3) Name _____

E-mail address _____ Phone _____

4) Name _____

E-mail address _____ Phone _____

5) Name _____

E-mail address _____ Phone _____

6) Name _____

E-mail address _____ Phone _____

7) Name _____

E-mail address _____ Phone _____

8) Name _____

E-mail address _____ Phone _____

Squad/Department _____

County _____

Address _____

City, State, Zip _____

Daytime Phone No. _____

I do hereby authorize the above listed personnel to attend the North Carolina High Angle Rescue School on dates listed above. To the best of my knowledge, the above personnel are at least 18 years of age and in good physical condition.

Chief Signature _____